

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT LIONG CHUEN HAUR

BIB NO. MV 23140

CATEGORY 21KM Men Veteran

RANKING

Overall: 1702/3645

Category: 500/930

Gender Overall: 1428/2738

Gender Age Group: 500/930

FINISH TIME

Gun Time: 2:48:05

Net Time: 2:46:21

Pace: 7:59/km

Speed: 7.5/hr

SPLIT TIME

KM7.3: 53:25

KM14.6: 1:53:27

KM17.0: 2:13:45

PUMA GOWILD

Official Hydration Partner:



Official Energy Gel Partner:



Official Sports Tape Partner:



Official Pain Relief Spray Partner:



Official Recovery Partner:



Sponsors:

