

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

AHMAD RIZAL BIN OMAR

BIB NO. MV 23179

CATEGORY 21KM Men Veteran

RANKING

Overall: 2812/3645

Category: 775/930

Gender Overall: 2228/2738

Gender Age Group: 775/930

FINISH TIME

Gun Time: 3:19:51

Net Time: 3:18:53

Pace: 9:30/km

Speed: 6.3/hr

SPLIT TIME

KM7.3: 1:03:00

KM14.6: 2:13:50

KM17.0: 2:39:19

PUMA GOWILD

Official Hydration Partner:



Official Energy Gel Partner:



Official Sports Tape Partner:



Official Pain Relief Spray Partner:



Official Recovery Partner:



Sponsors:



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