

# PUMA NITRO™ NIGHT RUN



# CERTIFICATE OF ACHIEVEMENT HO SHAO YAN

**BIB NO.** MV 23210

**CATEGORY** 21KM Men Veteran

## RANKING

Overall: 533/3645

Category: 169/930

Gender Overall: 470/2738

Gender Age Group: 169/930

## FINISH TIME

Gun Time: 2:13:22

Net Time: 2:12:55

Pace: 6:20/km

Speed: 9.4/hr

## SPLIT TIME

KM7.3: 42:08

KM14.6: 1:30:31

KM17.0: 1:47:51

**PUMA GOWILD**

Official Hydration Partner:



Official Energy Gel Partner:



Official Sports Tape Partner:



Official Pain Relief Spray Partner:



Official Recovery Partner:



Sponsors:

