

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

MARK YONG

BIB NO. MV 23253

CATEGORY 21KM Men Veteran

RANKING

Overall: 1938/3645

Category: 557/930

Gender Overall: 1590/2738

Gender Age Group: 557/930

FINISH TIME

Gun Time: 2:54:09

Net Time: 2:53:16

Pace: 8:16/km

Speed: 7.2/hr

SPLIT TIME

KM7.3: 56:46

KM14.6: 1:58:17

KM17.0: 2:19:41

PUMA GOWILD

Official Hydration Partner:



Official Energy Gel Partner:



Official Sports Tape Partner:



Official Pain Relief Spray Partner:



Official Recovery Partner:



Sponsors:

