



CERTIFICATE OF ACHIEVEMENT

AHMAD NAQIEUDDIN BIN NOOR AZMAN

BIB NO. MP 10703

CATEGORY 10KM Men Open

RANKING

Overall: 252/3987

Category: 178/1693

Gender Overall: 224/2280

Gender Age Group: 178/1693

FINISH TIME

Gun Time: 53:59

Net Time: 53:38

Pace: 5:23/km

Speed: 11.1/hr

SPLIT TIME

KM2.5: 12:04

KM4.3: 22:12

KM5.9: 31:42

KM7.1: 38:34

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

