

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

LAU BENG CHUAN

BIB NO. MV 23376

CATEGORY 21KM Men Veteran

RANKING

Overall: 2663/3645

Category: 737/930

Gender Overall: 2119/2738

Gender Age Group: 737/930

FINISH TIME

Gun Time: 3:14:56

Net Time: 3:13:52

Pace: 9:16/km

Speed: 6.4/hr

SPLIT TIME

KM7.3: 1:04:00

KM14.6: 2:12:54

KM17.0: 2:37:00

PUMA GOWILD

Official Hydration Partner:



Official Energy Gel Partner:



Official Sports Tape Partner:



Official Pain Relief Spray Partner:



Official Recovery Partner:



Sponsors:



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