

PUMA NITRO™ NIGHT RUN



CERTIFICATE

OF ACHIEVEMENT

FARID FIRDAUS

BIB NO. MV 23457

CATEGORY 21KM Men Veteran

RANKING

Overall: 1759/3645

Category: 509/930

Gender Overall: 1463/2738

Gender Age Group: 509/930

FINISH TIME

Gun Time: 2:49:56

Net Time: 2:49:18

Pace: 8:04/km

Speed: 7.4/hr

SPLIT TIME

KM7.3: 46:46

KM14.6: 1:44:26

KM17.0: 2:06:16

PUMA GOWILD

Official Hydration Partner:



Official Energy Gel Partner:



Official Sports Tape Partner:



Official Pain Relief Spray Partner:



Official Recovery Partner:



Sponsors:



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