

CERTIFICATE OF ACHIEVEMENT

MUHAMMAD AFIQ BIN ARIF NORMIN

BIB NO. MP 10716

CATEGORY 10KM Men Open

RANKING

Overall: 455/3987

Category: 311/1693

Gender Overall: 390/2280

Gender Age Group: 311/1693

FINISH TIME

Gun Time: 58:46

Net Time: 56:55

Pace: 5:52/km

Speed: 10.2/hr

SPLIT TIME

KM2.5: 16:24

KM4.3: 26:57

KM5.9: 36:35

KM7.1: 43:32

PUMA GOWILD