

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

MOHD RIZAL BIN ABD MALEK

BIB NO. MV 23478

CATEGORY 21KM Men Veteran

RANKING

Overall: 3494/3645

Category: 906/930

Gender Overall: 2653/2738

Gender Age Group: 906/930

FINISH TIME

Gun Time: 3:49:03

Net Time: 3:26:39

Pace: 10:53/km

Speed: 5.5/hr

SPLIT TIME

KM7.3: 1:22:39

KM14.6: 2:39:37

KM17.0: 3:05:50

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

