

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

ISHAK JALALUDIN

BIB NO. MV 23501

CATEGORY 21KM Men Veteran

RANKING

Overall: 2392/3645

Category: 669/930

Gender Overall: 1923/2738

Gender Age Group: 669/930

FINISH TIME

Gun Time: 3:06:48

Net Time: 3:03:18

Pace: 8:52/km

Speed: 6.7/hr

SPLIT TIME

KM7.3: 54:36

KM14.6: 2:05:52

KM17.0: 2:29:17

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

