

PUMA NITRO™ NIGHT RUN



CERTIFICATE

OF ACHIEVEMENT

LAI KOK KEONG

BIB NO. MV 23510

CATEGORY 21KM Men Veteran

RANKING

Overall: 2242/3645

Category: 631/930

Gender Overall: 1818/2738

Gender Age Group: 631/930

FINISH TIME

Gun Time: 3:02:35

Net Time: 3:01:57

Pace: 8:40/km

Speed: 6.9/hr

SPLIT TIME

KM7.3: 1:05:02

KM14.6: 2:10:20

KM17.0: 2:31:30

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

