

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

DESMOND DINESH FRANK

BIB NO. MV 23555

CATEGORY 21KM Men Veteran

RANKING

Overall: 1323/3645

Category: 389/930

Gender Overall: 1120/2738

Gender Age Group: 389/930

FINISH TIME

Gun Time: 2:38:34

Net Time: 2:38:08

Pace: 7:32/km

Speed: 7.9/hr

SPLIT TIME

KM7.3: 47:00

KM14.6: 1:42:07

KM17.0: 2:03:02

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:



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