

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

ISWANDY BIN ABD LAH

BIB NO. MV 23739

CATEGORY 21KM Men Veteran

RANKING

Overall: 3274/3645

Category: 873/930

Gender Overall: 2528/2738

Gender Age Group: 873/930

FINISH TIME

Gun Time: 3:37:48

Net Time: 3:33:33

Pace: 10:21/km

Speed: 5.7/hr

SPLIT TIME

KM7.3: 1:03:38

KM14.6: 2:21:10

KM17.0: 2:49:23

PUMA GOWILD

Official Hydration Partner:



Official Energy Gel Partner:



Official Sports Tape Partner:



Official Pain Relief Spray Partner:



Official Recovery Partner:



Sponsors:

