

# PUMA NITRO™ NIGHT RUN



# CERTIFICATE OF ACHIEVEMENT NG KONG LAM

**BIB NO.** MV 23744

**CATEGORY** 21KM Men Veteran

## RANKING

Overall: 1636/3645

Category: 480/930

Gender Overall: 1377/2738

Gender Age Group: 480/930

## FINISH TIME

Gun Time: 2:46:42

Net Time: 2:44:33

Pace: 7:55/km

Speed: 7.5/hr

## SPLIT TIME

KM7.3: 54:10

KM14.6: 1:51:00

KM17.0: 2:12:20

**PUMA GOWILD**

Official Hydration Partner:



Official Energy Gel Partner:



Official Sports Tape Partner:



Official Pain Relief Spray Partner:



Official Recovery Partner:



Sponsors:



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