

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT LIAU KOK FAH

BIB NO. MV 23748

CATEGORY 21KM Men Veteran

RANKING

Overall: 1301/3645

Category: 383/930

Gender Overall: 1101/2738

Gender Age Group: 383/930

FINISH TIME

Gun Time: 2:38:00

Net Time: 2:37:02

Pace: 7:30/km

Speed: 7.9/hr

SPLIT TIME

KM7.3: 50:10

KM14.6: 1:44:34

KM17.0: 2:07:16

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

