



CERTIFICATE OF ACHIEVEMENT

MUHAMMAD HARIS FADHIL BIN

BIB NO. MP 10746

CATEGORY 10KM Men Open

RANKING

Overall: 1359/3987

Category: 797/1693

Gender Overall: 1027/2280

Gender Age Group: 797/1693

FINISH TIME

Gun Time: 1:13:47

Net Time: 1:11:43

Pace: 7:22/km

Speed: 8.1/hr

SPLIT TIME

KM2.5: 18:36

KM4.3: 30:57

KM5.9: 43:42

KM7.1: 53:11

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

