

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT SIEW YING HOW

BIB NO. MV 23863

CATEGORY 21KM Men Veteran

RANKING

Overall: 2637/3645

Category: 728/930

Gender Overall: 2099/2738

Gender Age Group: 728/930

FINISH TIME

Gun Time: 3:14:01

Net Time: 3:12:47

Pace: 9:13/km

Speed: 6.5/hr

SPLIT TIME

KM7.3: 57:00

KM14.6: 2:06:48

KM17.0: 2:31:58

PUMA GOWILD

Official Hydration Partner:



Official Energy Gel Partner:



Official Sports Tape Partner:



Official Pain Relief Spray Partner:



Official Recovery Partner:



Sponsors:



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