

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT LEE HOW ONG

BIB NO. MV 23878

CATEGORY 21KM Men Veteran

RANKING

Overall: 936/3645

Category: 285/930

Gender Overall: 810/2738

Gender Age Group: 285/930

FINISH TIME

Gun Time: 2:28:17

Net Time: 2:27:37

Pace: 7:03/km

Speed: 8.5/hr

SPLIT TIME

KM7.3: 51:41

KM14.6: 1:43:43

KM17.0: 2:01:16

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

