

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

MYKEL LAI

BIB NO. MV 23921

CATEGORY 21KM Men Veteran

RANKING

Overall: 2094/3645

Category: 601/930

Gender Overall: 1708/2738

Gender Age Group: 601/930

FINISH TIME

Gun Time: 2:58:01

Net Time: 2:56:40

Pace: 8:27/km

Speed: 7.0/hr

SPLIT TIME

KM7.3: 1:00:31

KM14.6: 2:03:12

KM17.0: 2:24:12

PUMA GOWILD

Official Hydration Partner:



Official Energy Gel Partner:



Official Sports Tape Partner:



Official Pain Relief Spray Partner:



Official Recovery Partner:



Sponsors:

