

# PUMA NITRO™ NIGHT RUN



# CERTIFICATE OF ACHIEVEMENT ELMY HISHAM

**BIB NO.** MV 23947

**CATEGORY** 21KM Men Veteran

## RANKING

Overall: 1229/3645

Category: 366/930

Gender Overall: 1047/2738

Gender Age Group: 366/930

## FINISH TIME

Gun Time: 2:35:53

Net Time: 2:34:59

Pace: 7:24/km

Speed: 8.0/hr

## SPLIT TIME

KM7.3: 51:23

KM14.6: 1:45:52

KM17.0: 2:07:01

**PUMA GOWILD**

Official Hydration Partner:



Official Energy Gel Partner:



Official Sports Tape Partner:



Official Pain Relief Spray Partner:



Official Recovery Partner:



Sponsors:



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