



CERTIFICATE OF ACHIEVEMENT

MUHAMMAD IZZUDIN BIN SHAFIEE

BIB NO. MP 10772

CATEGORY 10KM Men Open

RANKING

Overall: 1174/3987

Category: 703/1693

Gender Overall: 909/2280

Gender Age Group: 703/1693

FINISH TIME

Gun Time: 1:11:15

Net Time: 1:10:24

Pace: 7:07/km

Speed: 8.4/hr

SPLIT TIME

KM2.5: 17:45

KM4.3: 29:54

KM5.9: 41:32

KM7.1: 51:08

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

