

PUMA NITRO™ NIGHT RUN



CERTIFICATE

OF ACHIEVEMENT

AHMAD PHAMY

BIB NO. MV 24032

CATEGORY 21KM Men Veteran

RANKING

Overall: 1899/3645

Category: 548/930

Gender Overall: 1559/2738

Gender Age Group: 548/930

FINISH TIME

Gun Time: 2:53:22

Net Time: 2:51:14

Pace: 8:14/km

Speed: 7.2/hr

SPLIT TIME

KM7.3: 58:06

KM14.6: 1:58:50

KM17.0: 2:20:15

PUMA GOWILD

Official Hydration Partner:



Official Energy Gel Partner:



Official Sports Tape Partner:



Official Pain Relief Spray Partner:



Official Recovery Partner:



Sponsors:

