



CERTIFICATE OF ACHIEVEMENT

ANAS HILMAN BIN ABU BAKAR

BIB NO. MP 10779

CATEGORY 10KM Men Open

RANKING

Overall: 59/3987

Category: 46/1693

Gender Overall: 53/2280

Gender Age Group: 46/1693

FINISH TIME

Gun Time: 41:49

Net Time: 41:43

Pace: 4:10/km

Speed: 14.3/hr

SPLIT TIME

KM2.5: 09:27

KM4.3: 16:50

KM5.9: 23:57

KM7.1: 29:18

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

