

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

NADIA NAFASHA

BIB NO. FP 25118

CATEGORY 21KM Women Open

RANKING

Overall: 2603/3645

Category: 336/607

Gender Overall: 525/904

Gender Age Group: 336/607

FINISH TIME

Gun Time: 3:12:57

Net Time: 3:10:22

Pace: 9:10/km

Speed: 6.5/hr

SPLIT TIME

KM7.3: 1:07:36

KM14.6: 2:14:49

KM17.0: 2:37:55

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:



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