

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

SHIRLEY BUNGA NGUMBANG KADIR

BIB NO. FP 25122

CATEGORY 21KM Women Open

RANKING

Overall: 3574/3645

Category: 584/607

Gender Overall: 874/904

Gender Age Group: 584/607

FINISH TIME

Gun Time: 3:55:17

Net Time: 3:53:49

Pace: 11:11/km

Speed: 5.3/hr

SPLIT TIME

KM7.3: 1:13:20

KM14.6: 2:37:23

KM17.0: 3:08:13

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

