



CERTIFICATE OF ACHIEVEMENT

MOHD ZIL FADLI BIN ABD HALIM

BIB NO. MP 10807

CATEGORY 10KM Men Open

RANKING

Overall: 364/3987

Category: 252/1693

Gender Overall: 317/2280

Gender Age Group: 252/1693

FINISH TIME

Gun Time: 56:57

Net Time: 55:37

Pace: 5:41/km

Speed: 10.5/hr

SPLIT TIME

KM2.5: 14:08

KM4.3: 24:32

KM5.9: 33:42

KM7.1: 40:49

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

