

PUMA NITRO™ NIGHT RUN



CERTIFICATE

OF ACHIEVEMENT

LAI CHOW YI

BIB NO. FP 25304

CATEGORY 21KM Women Open

RANKING

Overall: 979/3645

Category: 93/607

Gender Overall: 134/904

Gender Age Group: 93/607

FINISH TIME

Gun Time: 2:29:39

Net Time: 2:27:16

Pace: 7:06/km

Speed: 8.4/hr

SPLIT TIME

KM7.3: 52:55

KM14.6: 1:43:16

KM17.0: 2:02:02

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

