

PUMA
NITRO™
NIGHT RUN

Great Runs
Are Run by
Score

CERTIFICATE OF ACHIEVEMENT IRSYAD RUZAIN

BIB NO. MP 10814

CATEGORY 10KM Men Open

RANKING

Overall: 99/3987

Category: 72/1693

Gender Overall: 90/2280

Gender Age Group: 72/1693

FINISH TIME

Gun Time: 45:57

Net Time: 44:31

Pace: 4:35/km

Speed: 13.0/hr

SPLIT TIME

KM2.5: 12:05

KM4.3: 19:58

KM5.9: 27:25

KM7.1: 33:02

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

