

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT MANDY HAM

BIB NO. FP 25582

CATEGORY 21KM Women Open

RANKING

Overall: 2884/3645

Category: 382/607

Gender Overall: 608/904

Gender Age Group: 382/607

FINISH TIME

Gun Time: 3:23:00

Net Time: 3:20:51

Pace: 9:39/km

Speed: 6.2/hr

SPLIT TIME

KM7.3: 1:07:38

KM14.6: 2:20:56

KM17.0: 2:47:07

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

