



CERTIFICATE OF ACHIEVEMENT

MUHAMMAD IRSHAAD BASHA BIN AB

BIB NO. MP 10845

CATEGORY 10KM Men Open

RANKING

Overall: 1567/3987

Category: 888/1693

Gender Overall: 1153/2280

Gender Age Group: 888/1693

FINISH TIME

Gun Time: 1:16:36

Net Time: 1:12:54

Pace: 7:39/km

Speed: 7.8/hr

SPLIT TIME

KM2.5: 21:48

KM4.3: 34:52

KM5.9: 47:03

KM7.1: 55:54

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

