



CERTIFICATE OF ACHIEVEMENT

PARVIN A/L GUNALINGAM

BIB NO. MP 10085

CATEGORY 10KM Men Open

RANKING

Overall: 1451/3987

Category: 837/1693

Gender Overall: 1081/2280

Gender Age Group: 837/1693

FINISH TIME

Gun Time: 1:15:08

Net Time: 1:14:48

Pace: 7:30/km

Speed: 7.9/hr

SPLIT TIME

KM2.5: 15:15

KM4.3: 28:15

KM5.9: 41:08

KM7.1: 51:11

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

