

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT NG LIAN FOO

BIB NO. MV 24072

CATEGORY 21KM Men Veteran

RANKING

Overall: 47/3645

Category: 14/930

Gender Overall: 42/2738

Gender Age Group: 14/930

FINISH TIME

Gun Time: 1:38:38

Net Time: 1:38:37

Pace: 4:41/km

Speed: 12.7/hr

SPLIT TIME

KM7.3: 33:48

KM14.6: 1:08:49

KM17.0: 1:20:25

PUMA GOWILD

Official Hydration Partner:



Official Energy Gel Partner:



Official Sports Tape Partner:



Official Pain Relief Spray Partner:



Official Recovery Partner:



Sponsors:

