

# PUMA NITRO™ NIGHT RUN



# CERTIFICATE OF ACHIEVEMENT LAI HUN KIONG

**BIB NO.** PACER 11

**CATEGORY** 21KM PACER

## RANKING

Overall: 2126/3645

Category: 11/12

Gender Overall: 1733/2738

Gender Age Group: 11/12

## FINISH TIME

Gun Time: 2:59:15

Net Time: 2:59:07

Pace: 8:31/km

Speed: 7.0/hr

## SPLIT TIME

KM7.3: 1:00:26

KM14.6: 2:03:02

KM17.0: 2:23:17

**PUMA GOWILD**

Official Hydration  
Partner:



Official Energy Gel  
Partner:



Official Sports Tape  
Partner:



Official Pain Relief Spray  
Partner:



Official Recovery  
Partner:



Sponsors:

