



CERTIFICATE OF ACHIEVEMENT

WAFIUDDIN BIN AHMAD

BIB NO. MP 10888

CATEGORY 10KM Men Open

RANKING

Overall: 398/3987

Category: 271/1693

Gender Overall: 343/2280

Gender Age Group: 271/1693

FINISH TIME

Gun Time: 57:48

Net Time: 57:12

Pace: 5:46/km

Speed: 10.3/hr

SPLIT TIME

KM2.5: 14:13

KM4.3: 24:15

KM5.9: 33:36

KM7.1: 40:43

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

