

CERTIFICATE OF ACHIEVEMENT

MOHAMAD AFIQ BIN MOHAMAD NASIR

BIB NO. MP 10941

CATEGORY 10KM Men Open

RANKING

Overall: 305/3987

Category: 209/1693

Gender Overall: 264/2280

Gender Age Group: 209/1693

FINISH TIME

Gun Time: 55:23

Net Time: 55:06

Pace: 5:32/km

Speed: 10.8/hr

SPLIT TIME

KM2.5: 14:07

KM4.3: 24:11

KM5.9: 33:28

KM7.1: 40:13

PUMA GOWILD