



CERTIFICATE OF ACHIEVEMENT

MUHAMMAD DANIAL BIN ABDUL

BIB NO. MP 10954

CATEGORY 10KM Men Open

RANKING

Overall: 206/3987

Category: 147/1693

Gender Overall: 183/2280

Gender Age Group: 147/1693

FINISH TIME

Gun Time: 52:14

Net Time: 51:33

Pace: 5:13/km

Speed: 11.4/hr

SPLIT TIME

KM2.5: 12:04

KM4.3: 20:56

KM5.9: 29:26

KM7.1: 36:41

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

