



# CERTIFICATE OF ACHIEVEMENT

MUHAMMAD HARIZ SYAHMI BIN

**BIB NO.** MP 10976

**CATEGORY** 10KM Men Open

## RANKING

Overall: 501/3987

Category: 341/1693

Gender Overall: 430/2280

Gender Age Group: 341/1693

## FINISH TIME

Gun Time: 59:57

Net Time: 57:27

Pace: 5:59/km

Speed: 10.0/hr

## SPLIT TIME

KM2.5: 16:12

KM4.3: 26:30

KM5.9: 35:58

KM7.1: 43:18

**PUMA GOWILD**

Official Hydration  
Partner:



Official Energy Gel  
Partner:



Official Sports Tape  
Partner:



Official Pain Relief Spray  
Partner:



Official Recovery  
Partner:



Sponsors:

