

CERTIFICATE

OF ACHIEVEMENT

Muhammad Ikmal Bin Abdul Manan

BIB NO. 4505

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 12/4782

Category: 5/3923

Gender (Overall): 5/3923

FINISH TIME

Gun Time: 2:56:34

Net Time: 2:56:32

Pace: 4:11

Speed: 14.2

SPLIT TIME

KM5.0: 20:14

KM10.0: 40:00

KM15.0: 1:00:25

KM20.0: 1:21:32

KM25.0: 1:41:32

KM30.0: 2:02:08

KM35.0: 2:23:11

KM40.0: 2:44:42



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

