

CERTIFICATE

OF ACHIEVEMENT

Muhammad Ridzuan Bin Ahmed Esa

BIB NO. 4531

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 150/4782

Category: 122/3923

Gender (Overall): 122/3923

FINISH TIME

Gun Time: 3:42:34

Net Time: 3:42:31

Pace: 5:17

Speed: 11.3

SPLIT TIME

KM5.0: 24:14

KM10.0: 48:35

KM15.0: 1:13:33

KM20.0: 1:39:17

KM25.0: 2:04:13

KM30.0: 2:30:14

KM35.0: 2:58:59

KM40.0: 3:27:36



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

