

CERTIFICATE

OF ACHIEVEMENT

Abd Sukur Bin Abd Nasir

BIB NO. 4612

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 25/4782

Category: 16/3923

Gender (Overall): 16/3923

FINISH TIME

Gun Time: 3:09:24

Net Time: 3:09:23

Pace: 4:30

Speed: 13.3

SPLIT TIME

KM5.0: 21:43

KM10.0: 42:48

KM15.0: 1:04:10

KM20.0: 1:26:14

KM25.0: 1:47:38

KM30.0: 2:10:20

KM35.0: 2:34:09

KM40.0: 2:57:40



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

