

CERTIFICATE

OF ACHIEVEMENT

Ong Koon Hock

BIB NO. A400004

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1753/4782

Category: 1474/3923

Gender (Overall): 1474/3923

FINISH TIME

Gun Time: 5:32:03

Net Time: 5:26:36

Pace: 7:45

Speed: 7.7

SPLIT TIME

KM5.0: 29:15

KM10.0: 1:05:24

KM15.0: 1:33:12

KM20.0: 2:09:49

KM25.0: 2:51:21

KM30.0: 3:36:21

KM35.0: 4:22:04

KM40.0: 5:03:40



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

