

CERTIFICATE

OF ACHIEVEMENT

Ong Yong Liang

BIB NO. A400005

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 41/4782

Category: 29/3923

Gender (Overall): 29/3923

FINISH TIME

Gun Time: 3:26:34

Net Time: 3:20:56

Pace: 4:46

Speed: 12.5

SPLIT TIME

KM5.0: 24:16

KM10.0: 47:29

KM15.0: 1:10:43

KM20.0: 1:34:36

KM25.0: 1:57:06

KM30.0: 2:19:51

KM35.0: 2:43:18

KM40.0: 3:07:05



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

