

CERTIFICATE

OF ACHIEVEMENT

Mohd Farid Bin Shamsuddin

BIB NO. A400023

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 192/4782

Category: 157/3923

Gender (Overall): 157/3923

FINISH TIME

Gun Time: 3:52:30

Net Time: 3:47:32

Pace: 5:24

Speed: 11.0

SPLIT TIME

KM5.0: 23:47

KM10.0: 47:39

KM15.0: 1:12:26

KM20.0: 1:37:46

KM25.0: 2:02:03

KM30.0: 2:27:04

KM35.0: 2:57:44

KM40.0: 3:31:44



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

