

CERTIFICATE

OF ACHIEVEMENT

Hong Choo Yang

BIB NO. A400026

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 212/4782

Category: 173/3923

Gender (Overall): 173/3923

FINISH TIME

Gun Time: 3:55:38

Net Time: 3:50:41

Pace: 5:29

Speed: 10.9

SPLIT TIME

KM5.0: 26:45

KM10.0: 53:12

KM15.0: 1:19:32

KM20.0: 1:46:40

KM25.0: 2:12:37

KM30.0: 2:39:34

KM35.0: 3:07:30

KM40.0: 3:35:19



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

