

CERTIFICATE

OF ACHIEVEMENT

Muhammad Isyraq Zainol Abidin

BIB NO. A400157

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 308/4782

Category: 256/3923

Gender (Overall): 256/3923

FINISH TIME

Gun Time: 4:05:36

Net Time: 3:58:49

Pace: 5:40

Speed: 10.5

SPLIT TIME

KM5.0: 26:10

KM10.0: 52:35

KM15.0: 1:19:33

KM20.0: 1:46:00

KM25.0: 2:11:36

KM30.0: 2:37:37

KM35.0: 3:07:14

KM40.0: 3:43:53



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

