

CERTIFICATE

OF ACHIEVEMENT

Lam Hao Cheng

BIB NO. A400162

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 737/4782

Category: 625/3923

Gender (Overall): 625/3923

FINISH TIME

Gun Time: 4:41:03

Net Time: 4:35:17

Pace: 6:32

Speed: 9.1

SPLIT TIME

KM5.0: 26:55

KM10.0: 55:46

KM15.0: 1:26:47

KM20.0: 1:59:02

KM25.0: 2:31:34

KM30.0: 3:05:13

KM35.0: 3:41:00

KM40.0: 4:17:42



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

