

CERTIFICATE

OF ACHIEVEMENT

Bong Fung Jak

BIB NO. A400177

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1241/4782

Category: 1045/3923

Gender (Overall): 1045/3923

FINISH TIME

Gun Time: 5:04:30

Net Time: 4:59:16

Pace: 7:06

Speed: 8.4

SPLIT TIME

KM5.0: 27:23

KM10.0: 54:56

KM15.0: 1:22:57

KM20.0: 1:51:33

KM25.0: 2:30:08

KM30.0: 3:06:14

KM35.0: 3:49:54

KM40.0: 4:35:06



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

