

CERTIFICATE

OF ACHIEVEMENT

Mohammad Shahrul Riduan Bin Ahmad Ismail

BIB NO. A400198

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 705/4782

Category: 597/3923

Gender (Overall): 597/3923

FINISH TIME

Gun Time: 4:38:08

Net Time: 4:33:00

Pace: 6:29

Speed: 9.2

SPLIT TIME

KM5.0: 25:28

KM10.0: 51:20

KM15.0: 1:17:28

KM20.0: 1:45:46

KM25.0: 2:16:36

KM30.0: 2:49:46

KM35.0: 3:31:39

KM40.0: 4:13:08



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

