

CERTIFICATE

OF ACHIEVEMENT

Fong Wooi Choong

BIB NO. A400212

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 240/4782

Category: 199/3923

Gender (Overall): 199/3923

FINISH TIME

Gun Time: 3:59:33

Net Time: 3:53:44

Pace: 5:33

Speed: 10.7

SPLIT TIME

KM5.0: 26:44

KM10.0: 53:01

KM15.0: 1:19:38

KM20.0: 1:47:48

KM25.0: 2:14:17

KM30.0: 2:41:43

KM35.0: 3:10:23

KM40.0: 3:39:26



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

