

CERTIFICATE

OF ACHIEVEMENT

Faris Abdullah

BIB NO. A400217

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 238/4782

Category: 197/3923

Gender (Overall): 197/3923

FINISH TIME

Gun Time: 3:58:26

Net Time: 3:53:27

Pace: 5:32

Speed: 10.8

SPLIT TIME

KM5.0: 25:40

KM10.0: 51:16

KM15.0: 1:17:44

KM20.0: 1:44:57

KM25.0: 2:11:26

KM30.0: 2:38:53

KM35.0: 3:08:11

KM40.0: 3:37:46



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

